## SOUTH BELLEVUE COMMUNITY CENTER a partnership for a healthy community

## **Gym Schedule - April 2010**

Start date of activities vary and schedule subject to change without notice.

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MON 6am - 9pm	TUES 6am - 9pm	WED 6am - 9pm	THURS 6am - 9pm	FRI 6am - 8pm**	SAT 8am - 5pm	<b>SUN</b> 10am - 5pm
morning -					morning - morning	- morning
Indoor Cycling \$\$ 6-7am - Gym A	Adult Open Gym Basketball \$ 6:-7:30am - Gym B	Indoor Cycling \$\$ 6-7am - Gym A	Adult Open Gym Basketball \$ 6-7:30am - Gym B	Jazzercise \$\$ 6:15-7:15am - Gym A	Jazzercise \$\$ 8-9am - Gym A  BGC Youth Basketball League \$\$ 9am-1pm Gym A & B	SBCC Info Line (425) 452-4165 daily drop-in schedule schedule changes special events
Kari's Boot Camp <mark>\$\$</mark> 8:45-9:45am - Gym B	Jazzercise <b>\$\$</b> 8-9am - Gym A	Kari's Boot Camp <mark>\$\$</mark> 8:45-9:45am - Gym B	Jazzercise <b>\$\$</b> 8-9am - Gym A	Jazzercise Lite \$\$ 8-9am - Gym A		
Jazzercise <b>\$\$</b> 9:30-10:30am - Gym A	Parent/Child Indoor Play \$ 9am - 11:30am - Gym B	Jazzercise <b>\$\$</b> 9:30-10:30am - Gym A	Parent/Child Indoor Play \$ 9am - 11:30am - Gym B	Jazzercise <b>\$\$</b> 9:30-10:30am - Gym A		
Parent/Child Indoor Play \$ 10am - 12pm - Gym B	Kari's Boot Camp Plus \$\$ 9:15 - 10:15am - Gym A	Parent/Child Indoor Play \$ 10am - 12pm - Gym B	Kari's Boot Camp Plus \$\$ 9:15 - 10:15am - Gym A	Parent/Child Indoor Play \$ 10am -12pm Gym B		
	Adult Open Gym Pickleball \$ 10:45-12:45pm - Gym A				Adult Open Gym Basketball \$ 2:30-4:45pm - Gym B	Adult Open Gym Basketball \$ 10am-12:30pm - Gym B
afternoon -	afternoon - afternoon - afternoon - afternoon - afternoon - afternoon					afternoon
Indoor Cycling <mark>\$\$</mark> 12-1pm - Gym A		BCC Info Line (425) 452-41 nedule, schedule changes		Indoor Cycling \$\$ 12-1pm - Gym A		Family Open Gym Badminton 12:30-2:30pm - Gym B
Adult Open Gym Basketball \$ 12-2pm - Gym B	Adult Open Gym Badminton \$ 12:30-2:30pm - Gym B	Adult Open Gym Basketball \$ 12-2pm - Gym B	Adult Open Gym Badminton \$ 12:30-2:30pm - Gym B		Adult Basketball and Volleyball League Contact: Shirley Louie (425) 452-4479 slouie@bellevuewa.gov	Family Open Gym Basketball 2:30-4:45pm - Gym B
BGC Project Learn \$\$ 2-6pm - Gym A	BGC Project Learn \$\$ 2-6pm - Gym A	BGC Project Learn \$\$ 12:30-6pm - Gym A	BGC Project Learn \$\$ 2-6pm - Gym A	BGC Project Learn \$\$ 2-6pm - Gym A		Side A is available for Rentals
BGC Teen Open Gym Ages 13 - 18 3-6pm - Gym B	BGC Teen Open Gym Ages 13 - 18 3-6pm - Gym B	BGC Teen Open Gym Ages 13 - 18 3-6pm - Gym B	BGC Teen Open Gym Ages 13 - 18 3-6pm - Gym B	BGC Teen Open Gym Ages 13 - 18 3-6pm - Gym B		
evening - evening						
Fit Camp \$\$ 6-7pm - Gym A	BGC Coed Youth Volleyball \$\$ 6-8pm - Gym A&B	Fit Camp \$\$ 6-7pm - Gym B	BGC Youth Basketball	BGC Youth Basketball \$\$ 6-8pm - Gym A		Adult Volleyball League \$\$ 6-10:30pm Gym A & B
BGC Coed Youth Volletball \$\$ 7-9pm -Gym A		BGC Youth Basketball \$\$ 6-8pm - Gym A	6-8pm - Gym A\$\$	(** SBCC closes at 8pm)	SBCC is available for RENT until midnight (groups up to 150 people)	
Adult Open Gym Badminton \$ 6-8pm - Gym B	Adult Open Gym Basketball \$ 6:30-8:30pm - Gym B		Adult Open Gym Volleyball\$ 6:30-8:30pm - Gym B			
Adult Basketball League \$\$ 8-10:30pm Gym A & B	Adult Basketball League \$\$ 8-10:30pm Gym A & B	Adult Open Gym Badminton \$ 7-8:45pm - Gym A	Adult Basketball League \$\$ 8-10:30pm Gym A	BBGC Teen Late Night 6-11pm - Gym B		
\$\$ = Requires Registration		Adult Basketball League \$\$ 8-10:30pm Gym A	Children must be supervised at all times			
			This information will be provided in alternate formats for individuals with disabilities upon request. We invite everyone's			

\$ = Drop in Fee applies: \$2.50 - Resident / \$3 - Non-Resident

This information will be provided in alternate formats for individuals with disabilities upon request. We invite everyone's participation. Please provide two weeks advance notice for accommodation requests. Assistance for the Deaf/Hard of hearing can be provided through the 711 Telecommunications Relay Service.